This will help you talk with your family and/or advocate about your choices for getting health care services in the community.
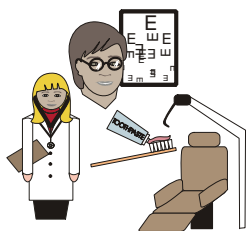
Residents of Agnews have two choices for how to get health care when they move to the community:

- You can use your MediCal card to go see doctors and other medical people. You find the doctors you need who will give you care using your MediCal card.

or

- You can use a Health Plan that has doctors and other medical people to give you health care services. Health Plans also provide:

   ► Nurses who help make sure that you receive the services you need; and

   ► Doctors and other services will come to your home, if needed.

Contact your regional center service coordinator to talk about your choices.